



Medical Restrictions information for Tandem Skydiving with Disable People

A Medical Doctor must issue a certification indicating that there are no medical restrictions that prevent a disable person from practising HandiFly skydiving.

Tandem Parachuting

Conditions that are compatible with the activity:

- Cerebral deficiencies (i.e. Cerebral Palsy, Hemiplegia, Stroke, Cranial Trauma)
- Medullary deficiencies (i.e. Spina Bifida, paraplegia, tetraplegia)
- Neuromuscular deficiencies (i.e. degenerative diseases such as muscular dystrophy or multiple sclerosis)
- Osteoarticular deficiencies (bone, articular and congenital deformities)
- Unclassifiable aetiology
- Dyspraxia
- Related disorders (i.e. poor memory, sight, hearing, language, sphincter control, temperature control, pain).

Conditions that would appear to be incompatible with the activity:

- Presence of a brain shunt, brittle bone syndrome (Lobstein), upper tetraplegia, serious heart conditions, behavioural symptoms, sickle-cell anaemia, or recent arthrodesis.

Comments:

- Lack of control of the limbs is not a sign of inactivity. Various degrees of uncontrolled movements (spasms, athetosis, spasticity, tetany) can be observed and are often accompanied by a state of stress.
- Paralysis does not mean there is no pain. A pain pump can be used for self-management of pain relief.
- Some are fitted with a depressurisation valve.
- Bladder control is sometimes impossible. An external bag is fitted to collect urine. It must be emptied prior to boarding the aircraft and, if possible, depressurised.
- Maximum weight of 80kg is recommended.
- A Tandem Master will always have the option to refuse a disabled passenger if the tonic neck reflex is insufficient to ensure a stable head throughout the jump.